

SEPT046-11

23 September 2011

SEPT DOCTOR TO SPEAK AT EUROPEAN PARLIAMENT ABOUT DEPRESSION

Dr Mark Agius, working for South Essex Partnership University NHS Foundation Trust (SEPT) has been invited to address the European Parliament in Brussels on September 30th 2011 as part of European Depression Day.

This year's European Depression Day, the 8th to have been held, has the theme of 'Treat and Defeat' and its objective is to raise awareness of depression as a major Europe wide public issue to highlight and discuss the importance of prevention, early diagnostic and treatment.

SEPT's Doctor Mark Agius, one of the organisers (through the Bedfordshire Centre For Mental Health Research in association with Cambridge University) of this year's International Conference on Mental Health, will address the European Parliament on 'Diagnosis and treatment of unipolar and bipolar depression' thus further cementing SEPT's position as a truly world class Mental Health Trust delivering excellent services to its service users and employing the very best clinical professionals.

Doctor Agius, based at SEPT's Weller Wing in Bedford, said "Having been part of this year's International Conference on Mental Health it is both an honour and a privilege to address such an august body as the European Parliament on mental health issues alongside so many experts from across Europe speaking about the fascinating area of mental health in their country. SEPT is a leading Mental Health Trust in the UK we are eager to learn the good practices from others internationally and continue to improve and we are delighted to share our best practices with others from countries including Spain, Italy, France and Germany".

ENDS

NOTES TO EDITOR:

Further details of this year's European Depression Day can be found by visiting www.eddas.org

South Essex Partnership University NHS Foundation Trust (SEPT)

With an annual turnover of approximately £300m South Essex Partnership University NHS Foundation Trust (SEPT) is one of the most successful Foundation Trusts in the country providing integrated care including mental health, learning disability, social care and community services. We provide these services across Bedfordshire, Essex and Luton, employ approximately 6,100 people and serve a population of 1.8 million.

We work with a wide range of partner organisations to deliver care and support to people in their own homes and from a number of hospital and community based premises. We have many modern community based resource centres and clinics to provide local services to local people where possible.

MEDIA ENQUIRIES:

For more information, please contact Elliott Spiteri, Communications Officer on 01268 407746, or elliott.spiteri@sept.nhs.uk