

# European Depression Day

Brussels, 30<sup>th</sup> September 2011

European Social Economic Committee hall – rue Belliard 99

with the Extraordinary presence of Mr Jürgen Scheftlein (DG Health and Consumers, European Commission)



Under the patronage of Mr John DALLI,  
Member of the European Commission



European Depression Association (EDA)  
www.eddas.org



8<sup>th</sup>  
European  
Depression  
Day  
DEPRESSION:  
TREAT AND DEFEAT

30/09/2011 • 12 p.m.-2 p.m.

Room JDE 70 – 7<sup>th</sup> floor EESC, rue Belliard 99, 1040 Bruxelles



Supported by an unrestricted  
educational grant from Lundbeck

## Drink and Welcome speech

Dr. Vincenzo Costigliola, President of the European Medical Association, the European Predictive, Preventive and Personalise Medicine and of the European Depression Association

Dr. Giuseppe Tavormina, Psychiatrist -  
President of «Psychiatric Studies Centre» -General Secretary of «European Depression Association (EDA)», Italy:  
«Depression and mood disorders: knowledge is the real prevention»

Dr. Mark Agius, South Essex Partnership University Foundation Trust  
Department of Psychiatry University of Cambridge, UK:  
«Diagnosis and treatment of unipolar and bipolar depression»

Ms. Amelia Mustapha, Director, The Centre for Mental Health, UK:  
«Widening Access to Appropriate Treatments»

Prof. Howard Young, Independent Member, Cardiff and Vale University Health Board, UK:  
«An All-Wales approach to improving the mental health of warfare veterans»

Dr. Juan Mendive, La Mina Health Centre - Training Unit of Family Medicine, Spain:  
«The European Depression Day in Spain: A successfull experience...»

Prof. Detlef Dietrich, Ärztlicher Direktor AMEOS Klinikum Hildesheim, Germany:  
«Continuing impact of stigma and limited awareness of depression...»

Ms. Stephanie Wooley, Honorary President, Association France-Depression, France:  
«Treating and defeating depression through empowerment and social inclusion»

Prof. Zoltán Rihmer, Professor of Psychiatry, Semmelweis University, Budapest:  
«Prevention of depression-related suicidal behaviour»

## Questions and discussion







